Club Welcome Kit

A first-visit checklist, equipment guide, and space for your club details. Clubs can type into the blank fields before sharing, or print and fill them in by hand.

Your club visit

Club name

Venue and address

Club contact

Phone

Email

Website or booking page

Session date and time

Arrive by

Cost including currency

How to book or confirm a place

First visit checklist

- [ ] Confirm the session, arrival time, cost, and booking steps with the club.
- [ ] Ask what equipment is available to borrow and what you need to bring.
- [ ] Pack clean indoor shoes and warm, flexible layers. Check the club's head-protection requirements.
- [ ] Ask in advance about access, delivery aids, or a different way to join in.

Fillable PDF: type or write in. Keep entries short and check your saved copy before printing.

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Your equipment guide

Check with the club before buying gear. Borrowing, fit, availability, and safety requirements vary by club and session.

01 Clean indoor shoes and grippers

Bring clean, grippy indoor shoes or curling shoes. Remove grit from soles and grippers. Ask the club about suitable non-slip grippers and whether it provides them. Beginners use grippers on both feet for walking and sweeping.

02 Warm and flexible clothing

Wear layers that keep you warm and let you bend and move comfortably. Ask about gloves or any other clothing the club recommends.

03 Head protection

Ask which helmet or head protection the club requires or recommends. HouseCall beginner lesson plans recommend a correctly fitted, fastened helmet. Confirm the approved type and whether one is available to borrow.

04 Brushes and stones

Ask what the club supplies. Let the instructor show you how to handle and use equipment safely. Keep loose gear out of the path of people and moving stones.

05 Sliders and delivery aids

Ask about a delivery stick or other club-approved aid if useful. Use an exposed slider only in an instructor-led delivery exercise; cover or remove it before walking away. Learn the safe setup with the instructor.

Club equipment details

What is available to borrow and what to bring

Before ice entry, ask the instructor to check your footwear, grippers, and any delivery equipment. Follow the club's safety briefing and local procedures.

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At the club and after

Your instructor sets the pace and chooses activities for the group. You can ask questions, request a rest, and discuss a comfortable way to take part.

01 Check in before stepping onto the ice

Meet the instructor, change into your clean footwear, and have equipment checked. Wait for the instructor's approval before entering the ice.

02 Learn safe movement first

Ask the instructor to show you balance, safe steps, waiting spots, and the stop signal. Keep the agreed route clear. Do not run or step over stones.

03 Take one practice turn at a time

Expect demonstrations and supervised practice suited to the group. Wait outside the active lane and reset only on the instructor's signal. If you feel unwell, are hurt, or lose safe control, stop and tell the instructor.

04 Finish with a safe exit

Leave the ice as instructed, return borrowed equipment, and report damaged gear. Ask what the next beginner session involves and how to book it.

Your next visit

Next session or course and date

Who to contact

How to book or find details

One question or skill to bring back

Continue learning

Find the New Curler Starter Packet and free teaching resources at thehousecall.org/resources.

Based on HouseCall Club Lesson Plans (pp. 1-4), New Curler Starter Packet (p. 2), and Curling Etiquette (pp. 1, 2, 4), October 2026. Independent educational material; use with your club's procedures and instruction.

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