Eight-Rock Rotation

Experience every delivery order and learn what each teammate needs.

4 players | 35-45 minutes | 4 rounds of 8 shots

Equipment: 8 delivery stones plus 1 target, brooms, grippers, usual delivery aids and pencil.

SET UP

Label players A-D. In each round, each player throws a pair: first a draw to the top four-foot, then a nose hit on a target placed on the tee line in the house. Remove each shooter and reset before the next shot. These are skill rounds, not regulation ends.

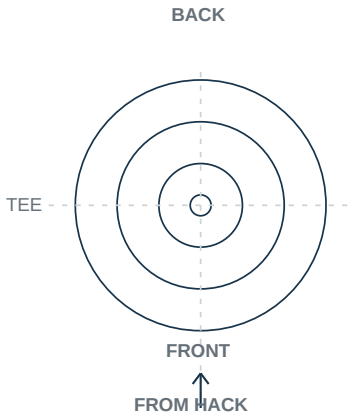
RUN IT

1. Use the rotation at right: pair 1 = stones 1-2; pair 2 = 3-4; pair 3 = 5-6; pair 4 = 7-8. Everyone plays all four orders.

2. The fourth-order player holds the broom; the third-order player takes the broom for the fourth's pair. The other two sweep.

3. Record each draw and hit. Review sweeping and communication across the whole session, not only while throwing.

YOUR ICE SKETCH



ORDER BY ROUND

1	A	B	C	D
2	B	C	D	A
3	C	D	A	B
4	D	A	B	C

HOUSECALL PRACTICE SCORING

Draw /2 each round: four-foot = 2; other house = 1; outside = 0 (touching counts). **Hit /2:** target out + shooter in house = 2; target only out = 1; other = 0. **Session sweep /2:** safe position + responds to calls. **Calls /2:** confirms plan + gives timely weight/line updates. One point per behavior.

Easier Use house-wide draw targets and comfortable controlled hits; keep all four rounds.

Harder Alternate turns or call a specific hit-and-roll target. Record the changed goal.

TRACK YOUR PRACTICE

Name / team _____ Date _____

Player	Draw marks 0-2 x 4	Hit marks 0-2 x 4	Sweep /2	Calls /2	Total /20
A	__ + __ + __ + __	__ + __ + __ + __			
B	__ + __ + __ + __	__ + __ + __ + __			
C	__ + __ + __ + __	__ + __ + __ + __			
D	__ + __ + __ + __	__ + __ + __ + __			

One thing I learned from a different role _____

Safety: use club-approved equipment and grippers. Stop delivery and let every stone stop before clearing or resetting. Keep hands, feet and spare stones out of moving-stone paths.

Coaching reference: Curling Canada, Getting Started, pp. 36-41

Original practice format and scoring; not competition rules. Follow your club rules.

Learn the game. Love the game.